

NutriSMART® Food Sensitivity Rapid Test Testing Items

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|---------------|--|---|-------------------|--------------------------------------|----|
| Grains | Wheat | 1 | Seafood | Cod | 27 |
| | Rye | 2 | | Fish mix (Salmon, Trout) | 28 |
| | Barley | 3 | | Tuna | 29 |
| | Oat | 4 | | Seafood mix (Shrimp, Squid, Octopus) | 30 |
| | Grain mix A (Buckwheat, Amaranth, Goosefoot) | 5 | | | |
| | Grain mix B (Corn, Rice) | 6 | | | |
| Nuts | Gluten | 10 | Vegetables | Tomato | 31 |
| | Peanut | 11 | | Legume mix (Pea, Green bean) | 32 |
| | Hazelnut | 12 | | Vegetable mix A (Carrot, Celery) | 33 |
| Almond | 13 | Vegetable mix B (Cabbage, Broccoli) | | 34 | |
| | | | | Leek/Onion mix (Garlic, Onion, Leek) | 35 |
| Fruits | Banana | 14 | Meat | Lamb/Mutton | 36 |
| | Fruit mix A (Lemon, Orange) | 15 | | Meat mix A (Pork, Beef) | 37 |
| | Fruit mix B (Strawberry, Grape, Peach) | 16 | | Meat mix B (Chicken, Turkey) | 38 |
| | Apple | 17 | | | |
| | Pineapple | 18 | Others | Potato | 7 |
| Kiwi fruit | 19 | Soy | | 8 | |
| | | Yeast Mix (Baker's yeast, Brewer's yeast) | | 9 | |
| | | Cacao | | 20 | |
| | | Coffee | | 39 | |
| | | Mustard | | 40 | |
| Egg | Egg white | 21 | | | |
| | Egg yolk | 22 | | | |
| Milk | Casein | 23 | | | |
| | Cow's milk | 24 | | | |
| | Goat's milk | 25 | | | |
| | Sheep's milk | 26 | | | |

Source of lab test provider: **HK BioTek**